

Energetiks Clothing Size Guide

This size guide is provided by Energetiks – please contact us at Dancestuff if you are unsure of sizing before you place your order

Clothing Size Chart

Women's Measurement Guide

Bust:

Measure around the fullest part of the bust

Waist:

Measure around the narrowest part of the waist

Hips:

Measure around the fullest part of the hips

Girth:

Measure from the centre of one shoulder, down through the crotch, and back up to the same shoulder



Men's Measurement Guide

Chest:

Measure around the broadest part of the chest

Waist:

Measure around the narrowest part of the waist



Child's Garment Size Guide

Ch XXXsml - AUS size 1-2					
Age 1	Height	Chest	Waist	Hip	Girth
cm	95	54	49	58	84
inches	3'1"	21"	19"	23"	33"
Ch XXsml - AUS size 2-3					
Age 3	Height	Chest	Waist	Hip	Girth
cm	105	58	52	62	93
inches	3'4"	23"	20.5"	24.5"	36.5"
Ch Xsml - AUS size 4-5					
Age 5	Height	Chest	Waist	Hip	Girth
cm	115	62	55	66	102
inches	3'7"	24.5"	21.5"	26"	40"
Ch Sml - AUS size 6-7					
Age 7	Height	Chest	Waist	Hip	Girth
cm	125	66	58	70	111
inches	4'1"	26"	23"	27.5"	43.5"
Ch Med - AUS size 8-9					
Age 9	Height	Chest	Waist	Hip	Girth
cm	135	70	61	74	120
inches	4'4"	27.5"	24"	29"	47"
Ch Lge - AUS size 10-11					
Age 11	Height	Chest	Waist	Hip	Girth
cm	145	74	64	78	129
inches	4'7"	29"	25"	30.5"	50.5"
Ch Xlge - AUS size 12-13					
Age 13	Height	Chest	Waist	Hip	Girth
cm	155	78	67	82	138
inches	5'	30.5"	26"	32"	54"
Ch XXLge - AUS size 14-15					
Age 15	Height	Chest	Waist	Hip	Girth
cm	165	82	70	86	142
inches	5'4"	32"	27.5"	34"	56"

* Front-lined leotards are a firmer fit, you may want to go up one size.

Youth Garment Size Guide

Youth Med (Age 9)			
AUS Size 8-9			
Height	Chest	Waist	Hip
135 cm	70 cm	61 cm	74 cm
4'4"	27.5"	24"	29"
Youth Large (Age 11)			
AUS Size 10-11			
Height	Chest	Waist	Hip
145 cm	74 cm	64 cm	78 cm
4'7"	29"	25"	30.5"
Youth XLarge (Age 13)			
AUS Size 12-13			
Height	Chest	Waist	Hip
155 cm	78 cm	67 cm	82 cm
5'	30.5"	26"	32"

Women's Garment Size Guide

Ad XXXsml - AUS 4 / US 0 / EU 32				
	Bust	Waist	Hip	Girth
cm	74.5	55.5	80.5	135-140
inches	29"	22"	31.5"	53"-55"
Ad XXsml - AUS 6 / US 2 / EU 34				
	Bust	Waist	Hip	Girth
cm	77	58	83	140-145
inches	30"	22.5"	32.5"	55"-57"
Ad Xsml - AUS 8 / US 4 / EU 36				
	Bust	Waist	Hip	Girth
cm	82	63	88	145-150
inches	32"	25"	34.5"	57"-59"
Ad Sml - AUS 10 / US 6 / EU 38				
	Bust	Waist	Hip	Girth
cm	87	68	93	150-155
inches	34"	26"	36.5"	59"-61"
Ad Med - AUS 12 / US 8 / EU 40				
	Bust	Waist	Hip	Girth
cm	92	73	98	155-160
inches	36"	28.5"	38.5"	61"-63"
Ad Lge - AUS 14 / US 10 / EU 42				
	Bust	Waist	Hip	Girth
cm	97	78	103	160-165
inches	38"	31"	40.5"	63"-65"
Ad Xlge - AUS 16 / US 12 / EU 44				
	Bust	Waist	Hip	Girth
cm	102	83	108	165-170
inches	40"	32.5"	42.5"	65"-67"
Ad 2XL - AUS 18 / US 14 / EU 46				
	Bust	Waist	Hip	Girth
cm	107	88	113	170-175
inches	42"	34.6"	44.5"	67"-69"
Ad 3XL - AUS 20 / US 16 / EU 48				
	Bust	Waist	Hip	Girth
cm	112	93	118	175-180
inches	44"	36.5"	46.5"	69"-71"

* Front-lined leotards are a firmer fit, you may want to go up one size.

Men's Garment Size Guide

	Ad XXsml	Ad Xsml	Ad Sml	Ad Med	Ad Lge	Ad Xlge	Ad 2XL
Chest (cm)	78	84	90	96	102	108	114
Waist (in)	26"	28"	30"	32"	34"	36"	38"